## 1. FREE HEALTH CHECK UP (16/11/2022)



A free health check up was held at Saraighat College on 16/1/2022 to check the physical well being of students and the staff. The check up was organised by the NSS unit of Saraighat College in association with Guwahati Neurological Research Centre(GNRC), Amingaon chapter. Health is an important asset and ensuring its well being is essential for the general well being of society. A team of doctors from GNRC led by Dr. Moushumi Borthakur, Department of Medicine delivered a lecture on Diseases and Preventive Measures especially Epilepsy and undertook preliminary health check ups which included checking of Blood Pressure, Weight, Pulse, Sugar level, ECG etc. Generic medicines were prescribed to the needy participants . The camp was an immense success as it ensured enthusiastic participation of students ranging from Higher Secondary to undergraduate i.e. B.A. level . The NSS Programme OfficersDr. Balendra Patgiri and Dr. Bhanu Hazarika from Departments of Philosophy and Geography respectively supervised the camp to ensure its smooth functioning.

## **Total participants:- 160**